# Preparation and characterization of physicochemical properties of N, N-diethyl-meta-toluamide niosomes

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# **Abstract**

Introduction: The insect repellent compounds are used to protect humans, animals and plants against insect bites. Aromatic amides have insect repellent effects. N,N-diethyl-meta-toluamide (DEET) (C<sub>12</sub>H<sub>17</sub>NO) is one of the best insect repellents has been used for many years. DEET is a colorless, odorless liquid that is approximately insoluble in water and soluble in glycerin, ethanol, and isopropyl alcohol. Due to the solubility problem of DEET, its topical formulations usually have alcoholic bases, but these kind of formulations increase skin permeation and also systemic absorption of DEET, which leads to some toxic effects. The main goal of this study was to prepare the formulation of DEET niosomes in a topical dosage form with suitable stability properties. Materials and Methods: Three different methods were used to prepare niosome formulations: Dehydration rehydration vesicle method, direct mixing method, homogenizer method. Sorbitan surfactants, cholesterol, polyoxyethylenecetyl, phosphate buffer (pH 7.4), and charge inductive compounds like cetyltrimethylammonium bromide were used to provide a net negative charge to the final membrane structure. A high-performance liquid chromatography method was then used for the determination of the loaded DEET. Results: A large number of niosomes were multi-layered and have a spherical shape. In comparison, syringe method against direct mixing is more appropriate because of creation MLV and uniform niosomes but the best method is homogenizer method. Drug entrapment was between 14% and 21% in selected formulation. Conclusion: According to this study, homogenizing method can be used for formulation of DEET in niosome form in topical formulations.

Key words: Insect repellents, N,N-diethyl-meta-toluamide, niosome

### INTRODUCTION

Insect-transmitted diseases remain a major source of disease and death worldwide. Mosquitoes alone transmit diseases to more than 700 million persons annually.

They have a main role in leishmaniasis and several kinds of bacterial infections, like Rocky Mountains spot fever, Tularemia, etc.<sup>[1]</sup> Carbon dioxide is a powerful and conservative attraction and activator for most blood-sucking insects around 350 substances of diverse chemical composition have been identified in the human skin, including l-lactic

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acid, short- and long-chain fatty acids, aldehydes, alcohols, aromatic compounds, amines, acetates, and ketones. In addition, 1-octen-3-ol which is secreted in human's sweat and breath, is also a significant factor in attracting insects to human beings.<sup>[2]</sup>

Insect repellent products are substances that protect humans, animals, and plants against insects by changing the host's odor or restraining the olfactory receptors in insects. [3] These compounds are often volatile and operate neither kill insects nor destroy the attraction factors such as: Heat, moisture, body sweat, CO<sub>2</sub>, and body perspirations, but prevent finding the individual's location by insects. [4] Insect repellents are part of the organic matters group of straight chain unsaturated fatty acids with 2-decanoic acid as the impressive. [5]

Amides and especially aromatic amides, generally remove mosquitoes, other insects<sup>[6]</sup> and leeches.<sup>[7]</sup> N,N-diethyl-metatoluamide (DEET) has been used since 1957 in public as an insect repellent compounds standard.<sup>[2]</sup> DEET is a colorless and odorless liquid which is almost insoluble in water but soluble in glycerine, ethanol, and isopropyl alcohol.<sup>[7-9]</sup> Besides, is an effective insect repellent compound on many reptiles, especially against black mosquitoes, malaria mosquitoes, ticks, and fleas.<sup>[1]</sup> According to the recent researches, DEET restrains

Alpha Keto receptors in the insect antenna, that is, sensitive to 1-octen-3-ol. [2]

Because of applying alcohol-based topical formulations due to their water-insolubility; increasing systematic DEET absorption and some toxic effects are investigated. On the other hand, volatility of these compounds is considered to be a limited factor in applying simple alcohol bases since it reduces their stability. Accordingly, designing a new medicinal formulation in this field seems to be necessary.<sup>[10]</sup>

Vesicles prepared from nonionic surfactants or niosomes are consisted of one or more two-layered structures of nonionic surfactants, creating a surrounded space. These vesicles were introduced by Handjani-vila *et al.*<sup>[11]</sup> However, the niosome forms, due to their slow released profile and long-term effect, can always create a low concentration of DEET on the skin and reduce skin absorption which is quite depending on the structure and concentration of substance.<sup>[10]</sup> This study provides a topical niosomal DEET formulation in order to.

# **MATERIALS AND METHODS**

The nonionic surfactants used as vesicle-forming materials were Span 20 (sorbitan monolaurete), Span 40 (sorbitan monopalmitate), Brij52 (polyoxyethylene-2-cetyl ether), Brij58 (polyoxyethylene-2-stearyl ether), Brij92 (polyoxyethylene-2-oleanether), Tween 20, Tween 40, Tween 60 and Tween 80 were purchased from Sigma Chemical Co. (St. Louis, MO, USA), sodium chloride 0.9% injection solution, cholesterol (Chol) was bought from Fluka, Switzerland.

All organic solvents and the other chemicals were of analytical grade and were obtained from Merck, Germany, DEET, dihexadecyl phosphate.

#### Methods

Niosomal formulations were prepared by three different methods.

Dehydration rehydration vesicle (DRV) method, direct mixing method, and homogenizing method.

The first one, DRV method. To make DRVs, one initially makes water-containing, small unilamellar vesicles (SUV), adds contrast media, and lyophilizes the mixture. Upon rehydration, the DRVs re-form, passively entrapping DEET (1%). The sorbitan surfactants (Fluka, Germany), cholesterol (Fluka, Germany) and a charge inducing agent such as dihexadecyl phosphate (Sigma, America) were used in order to induce negative charge in the final membrane structure. Materials were dissolved in chloroform (Fluka, Germany),the solvent was removed by rotary evaporator (Heidolph VV2000, Germany) under vacuum condition for about 2 h 10 ml phosphate buffer; pH 7.4 (Fluka, Germany) at 50-55°Cwas used for hydrating the niosomal film layer. Initial niosomes are obtained then transformed to dry and

porous particles using freeze drying method, the dehydrated phase, contains drug added to the noisome suspension and DEET (Merk, Germany) loaded.

The second one, direct mixing method, polyoxyethylene cetyl ether (Fluka, Germany), cholesterol (Fluka, Germany), dihexadecyl phosphate (Sigma, America) and DEET (Merk, Germany), melted and entered in a 10 ml syringe. Another 10 ml syringe at 40°C was filled by Phosphate buffer; pH 7.4 (Fluka, Germany). Mixing between two syringes from a 1 mm pore for 2 min was done. Niosomes were separated with centrifuging (Ependorf 5415-D, Germany) at 1500 rpm during 15 min.

The third one, Homogenizing method, a certain amount of aqueous components (equal amount used in direct mixing method) heated at (40°C) in order to melt and mix. 49 ml phosphate buffer; pH = 7.4 (Fluka, Germany), was added through using homogenizer (IKA T10-Ultra-Turrax, Germany) with 500 rpm for 15 min.

Niosome morphology was evaluated by an optical microscope (Olympus, Japan). By this method, kind of the niosomes multilamellar vesicle (MLV, SUV), their shapes (spherical, tubular, polyhedron), wall thickness, crystal formation, separation of surfactants and cholesterol particles, and niosomal aggregation can be studied.

## Particle size distribution

In order to study the particle size distribution, Malvern zeta-sizer with laser ray scattering technique was used. The particle size of each formulation was determined 3 times.

# **Drug loading**

In order to revise the drug loading, niosomes were separated from niosome suspensions by centrifuging. An amount of 1 ml of niosome suspensions was poured in a centrifuge tube and centrifuged at 15,000 for 30 min. The upper phase was separated from the lower phase containing buffer phosphate and extra amount of nonentrapped DEET, then analyzed.

#### Release study

In order to revise the drug release, the Franz diffusion cell model was used. The diffusion cell has a receptor part with a volume of about 37 ml. One milliliter of niosomic suspension was placed on cellophane separating membrane.

# Method of analysis

High-performance liquid chromatography method was used for measuring the DEET in different cases of loading and releasing studies. To adjust the conditions, a C18 250 mm × 4.6 mm column filled by octadecylsilane-coated silica gel was used. Mobile phase contains water and methanol. Procedure was done by a gradient method with the speed of 1.3 ml/min. UV-detector, with 254 nm wavelength, was used. [13] In this method, percent of methanol phase reaches from 5% to 95% during 30 min and remains in this ratio (water/methanol: 5/95) for 5 min.

# **RESULTS**

## **Vesicle-forming ability**

The ability of surfactants in forming niosome by use of different methods is summarized in Tables 1-6 and the morphology of selected formulation ( number 14) was shown in Figure 1.

#### Physicochemical properties

A large number of niosomes were multi-layered and have a spherical shape.

According to the results, the amount of Brij 52 had no effect on number and size of niosomes [Figure 2] with The amount of DEET had direct effect [Figure 3]. In comparison, syringe method against direct mixing is more appropriate because of creation MLV and uniform niosomes but the best method is homogenizer method [Tables 1-6 and Figure 4].

# **Physical stability**

Physical properties include noisome aggregation and lack of cholesterol crystals, were investigated. Cholesterol crystals were formed when cholesterol molar ratio was more than surfactant

Figure 1: Microscopic photograph (×1000) of formulation number 14

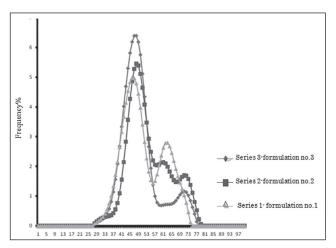


Figure 3: The effect of N,N-diethyl-meta-toluamide amount on the particle size distribution. Particle diameter ( $\mu$ m)

[Figure 5]. There was no phase separation in any formulations even after three methods, shown in Tables 1-4.

## **Drug entrapment**

The results show that drug entrapment was between 14% and 21% in selected formulation (number 14), shown in Table 7.

# Release profile

In order to release a study, cellophane membrane was dipped in buffer phosphate (pH = 7.4) as a receptor phase for 24 h. The receptor temperature was fixed at  $37 \pm 1$  by water circulation.

Using magnet stirrer was led to have uniform distribution of temperature and drug in the receptor phase. Sampling was done at specified intervals time at sync condition. After every sampling, 1 ml of fresh receptor phase was replaced.

Result of release study is shown in Table 8 and Figure 6.

# **DISCUSSION**

Niosomal formulation of DEET would lead to a decrease in skin penetration and an increase in duration of action. Niosomes may

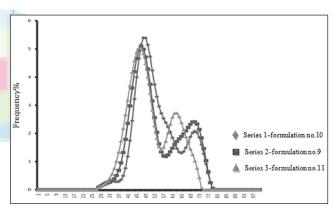
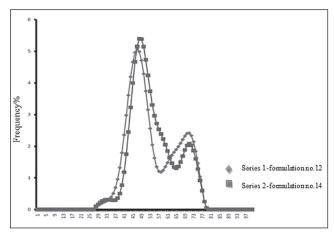


Figure 2: The effect of Brij amount on the particle size distribution. Particle diameter ( $\mu$ m)



**Figure 4:** The effect of preparation method on the particle size distribution. Formulation number 12 and number 14 was prepared by direct mixing method

	forming	3 months	ı	1	I
	Cholesterol crystal forming	1-month	I	I	1
	Choleste	1-week	I	1	I
hology	Aggregation of nisomes	1-week 1-month 3 months 1-week 1-month 3 months	+	+	+
s morp	gation of	1-month	ı	+	I
osome'	Aggre	1-week	ı	I	
thod, Brij52 and effect of DEET amount on niosome's morphology	Mixing speed Appearance Relative number	of niosomes	Moderate	Moderate	Many
of DEET	Appearance		SUV	MLV	MLV
2 and effect	Mixing speed		120 times/min	120 times/min	120 times/min
thod, Brij5	Phosphate	buffer (ml)	10	10	10
ge me	DEET	(mg)	8	21	42
by syrin	Cholesterol	(mg)	38	38	38
e formulatior	Dihexadecyl	phosphate (mg)	16	16	16
Viosom	Brij52	(mg)	217	217	217
Table 1: I	Formulation		_	2	က

Classification of niosomes by number of them – Many: A sample that is observed more than 50 nisomes in microscopic focus, Few: A sample that is observed classification of niosomes by number of them – Many: A sample that is observed docus, DEET: N,N-diethyl-meta-toluamide, SUV: Small unilamellar vesicles, MLV: Multi lamellar vesicle

Classification of niosomes by number of them – Many: A sample that is observed more than 50 nisomes in microscopic focus, Few: A sample that is observed an orisomes in microscopic focus, DEET: N,N-diethyl-meta-toluamide, SUV: Small unilamellar vesicle, LUV: Large unilamellar vesicle

Table 3: I	Nioson	Table 3: Niosome formulation by direct mixing	tion by di	rect n	nixing me	g method, Brij52, and effect of Brij52 amount on niosome's morphology	2, and eff	ect of Bri	52 am	ount on ni	osome	's mork	shology		
Formulation Brij52	Brij52	Dihexadecyl	Cholesterol	DEET	Phosphate	Dihexadecyl Cholesterol DEET Phosphate Mixing time Appearance Relative Aggregation of nisomes Cholesterol crystal forming Preamble	Appearance	Relative	Aggreg	ation of nisom	Ses C	holestero	l crystal fo	rming	Preamble
name	(mg)	phosphate (mg)	(mg)	(mg)	buffer (ml)	buffer (ml) and period		number of niosomes	1-week	number of 1-week 1-month 3 months 1-week 1-month 3 months niosomes	nths 1.	week 1-	month 3 n	nonths	
6	217	16	24	21	10	120 times/	MLV	Few					ı	1	Asymmetric and
10	240	16	24	2	10	2 min 120 times/	MLV	Few	I	1		I	I	I	big particles Asymmetric and
7	250	16	24	21	10	2 min 120 times/	MLV	Теw	I	+		I	I	I	big particles Asymmetric and
						2 min									hin nartinlae

Classification of niosomes by number of them – Many: A sample that is observed more than 50 nisomes in microscopic focus, Moderate: A sample that is observed 30-50 nisomes in microscopic focus. DEET: N,N-diethyl-meta-toluamide, MLV: Multi lamellar vesicle

ng method. Brii52 and effect of different methods on niosome's morphology	Phosphate Mixing time Appearance Relative Aggregation of nisomes Cholesterol crystal forming Preamble	noninger of 1-week 1-month 3 months 1-week 1-month 3 months niosomes	— — Small particles	- Small and medium	particles — — Medium particles
fferent meth	Aggregation o	1-week 1-mont		1	1
ect of di	Relative	niosomes	Many	Many	Many
32 and eff	Appearance		MLV	MLV	MLV
thod. Brii	Phosphate Mixing time A		30 min	120 times/	2 min 500 times/ 7 min
	Phosphate		10	10	10
direct	DEET (mg)	(B)	42	42	42
ation by	Cholesterol	(B)	24	24	24
able 4: Niosome formulation by direct mix	Dihexadecyl	(mg)	16	16	16
: Niosoi	on Brij52	(Bill)	240	240	240
Table 4	Formulati	2	12	13	4

Classification of niosomes by number of them – Many: A sample that is observed more than 50 nisomes in microscopic focus, Pew: A sample that is observed and is observed more than is observed an incroscopic focus, DEET: N,N-diethyl-meta-toluamide, MLV: Multi lamellar vesicle

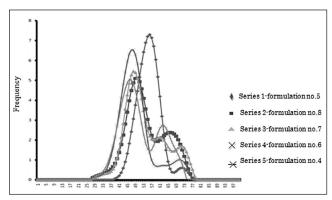


Figure 5: The effect of cholesterol amount on the particle size distribution. Particle size ( $\mu$ m)

have sufficient stability, sufficient loading, with low skin irritation, and toxic effects probably.

The amount of Brij is not efficient on numbers and size of niosomes. The presence of DEET leads to niosomal destruction and appearance of surfactant drops. Niosome preparation in the absence of cholesterol yield jelly and single lamellar products that could not entrap DEET so more and bigger niosomes obtained by adding cholesterol. However, excess increasing of cholesterol produces cholesterol crystals and decreases the size of niosomes. Finally, decreasing noisome size by increasing cholesterol amount is observed.

In this study, several methods were used in the formulation of DEET niosomes. First, DRV method was used that is the simplest and most common one and has been used because of some drugs like insulin.<sup>[14,15]</sup> But because of lipophilicity of DEET, and some incopatability with surfactant, this method was not suitable.

Syringe method creates MLV niosomes. This method is a mixing procedure for two immiscible phase systems so aqueous and nonaqueous phases were entered into two separate syringes, then mixed together through a connection. Doxorubicin and minoxidil niosomes were prepared by this way.<sup>[16,17]</sup>

This method was not suitable because of different sizes and polyhedral niosomes with low loading were prepared.

By two above methods, the best molar ratio of components were determined. Hence, the final method was done using a homogenizer that especially has been used for two phase systems such as preparation of lansoprazole niosomes.

# **CONCLUSIONS**

The selected formulation (number 14) showed desirable properties such as multilamellar and spherical shape, suitable size distribution, and sufficient drug loading. The release kinetic of DEET from niosome formulation shows a

Table 5: F	ormulation	on of	noisome l	by DF	<b>RV</b> method	l		
Formulation	Surfac	tant	Cholesterol	DEET	Existence of niosome	Appearance	Relative number of niosomes	Preamble
15	Brij52	92.4	46.4	_	+	MLV	Many	Tubular and big with crystals
16		92.4	46.4	0.2	_	_	_	Surfactant droplets
17	Brij58	314.7	46.4	_	+	MLV	Few	Big niosomes
18		314.7	46.4	0.2	_	_	_	Complete dissolution of niosomes and surfactants
19	Brij92	99.84	46.4	_	+	MLV	Many	Similar shape, tubular and separated nisomes
20		99.84	46.4	0.2	_	_	_	Surfactant droplets
21	Tween 20	171.9 48.5	46.4	_	+	MLV	Few	With crystal
22	Span 20	171.9 48.5	46.4	0.2	_	_	_	Without noisome and surfactant droplets
23	Tween 40	205.4 46.48	46.4	_	+	MLV	Many	Big niosomes
24	Span 40	205.4 46.48	46.4	0.2	+	MLV	Very few	Surfactant droplets

Classification of niosomes by number of them – Many: A sample that is observed more than 50 nisomes in microscopic focus, Moderate: A sample that is observed 30-50 nisomes in microscopic focus, DEET: N,N-diethyl-meta-toluamide, MLV: Multi lamellar vesicle, DRV: Dehydration-rehydration vesicle

Table 6: F	ormul	atio	n of noiso	me by dire	ct mixing	method w	ith Tween 8	80	
Formulation	Surfac	tant	Cholesterol	Temperature	Percent of tween 80	Mixing time and period		Relative number of niosomes	Preamble
25	Brij52	20 0	30	65	1.5	30	+	Many	Small and useable niosomes
26	Brij52	20 0	30	45	1.5	30	+	Many	Small and useable niosomes
27	Brij52	20 0	60	45	1.5	30	+	Many	Small and useable niosomes
28	Brij52	20 0	60	45	1.5	60	+	Many	Small and useable niosomes
29	Brij52	20 0	60	45	1.5	20	+	Many	Small and useable niosomes
30	Brij52	35 3	60	45	2	30	+	Many	Small and useable niosomes
31	Brij52	35 3	65	45	2	30	+	Many	Small and useable niosomes
32	Brij52	35 3	70	45	2	30	+	Many	Small and useable niosomes

Classification of niosomes by number of them – Many: A sample that is observed more than 50 nisomes in microscopic focus, Moderate: A sample that is observed 30-50 nisomes in microscopic focus, Few: A sample that is observed <30 nisomes in microscopic focus

Sample name	DEET (mg)	Un loaded DEET (mg)	Un loaded DEET (mg)	Un loaded DEET (mg)	Average	Percent of
		1st measurement	2 <sup>nd</sup> measurement	At 3 <sup>rd</sup> measurement	(mg)	entrapment
1st sample	42	34.6	35	34.7	34.8	17.2
2 <sup>nd</sup> sample	42	32.5	33.8	33.4	33.2	20.9
3 <sup>rd</sup> sample	42	35.4	36.6	36.1	36	14.2

Table 8: DEE	T releas	sed (%)	) from	the sel	ected f	formulat	i <b>on (</b> n =	14)				
Measurement						Т	ime (min)					
	5	10	15	30	45	60	120	180	240	300	360	420
Mean (%) SD	9.58 0.12	8.64 0.08	7.29 0.08	7.04 0.13	9.82 0.08	10.66 0.23	18.16 0.12	22.41 0.08	31.85 0.113	31.38 0.08	32.75 0.05	32.92 0.07

Mean  $\pm$  SD, n = 3, SD: Standard deviation, DEET: N,N-diethyl-meta-toluamide

first order release, followed by a gradual release for at least 7 h which seems a good profile for long duration of action and low

systematic side effects and that may be an ideal formulation for a topical insect repellent.

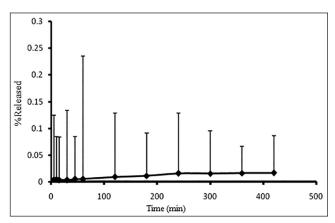


Figure 6: Release of N,N-diethyl-meta-toluamide

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